#### **BFTF PLUS NEWSLETTER**

## **Excellence Celebrated**

We were thrilled to attend the recent BftF Dinner & Awards Evening, a very special event that honours local professionals and volunteers who work with young people with disabilities. Held at Sonning Golf Club, there was a drinks reception, a delicious three-course meal plus the chance to catch up with Mayor of Wokingham Cllr Carol Jewell plus Clive Jones, MP for Wokingham. It was great to be a part of the event and applaud the hard work of so many.





# Partnership with Reading University Students' Union

The Community Engagement Officer at the University of Reading Students' Union has invited all Plus young people to join in with events at the campus. Coming up over the next few months are: quiz and karaoke nights, an international food market plus lots of fun themed nights in the bar. Ask jasper@bftf.org.uk how you can get involved.

#### WHAT ELSE IS HAPPENING?



#### **Wellness Walk**

One of our missions is to get outside more on Wellness Walks together.

We recently went as a group around Dinton Pastures – along with our dogs – and completed a mini quiz and treasure hunt along the way. Next one: 6<sup>th</sup> Dec, from 11am.



#### **V&A** Trip

We went to the V&A Museum in the summer to take in their Disability and Design exhibition. It was a really interesting summary of the way that disabled people have influenced inclusivity and access whether that is related to fashion, buildings, literature, politics or society as a whole.



#### **Access Reviews**

Several of our Plus young people conduct Access Reviews when out and about. At pubs, restaurants, parks, and place of interest they assess the practicalities of using the venues as a disabled person and then rate it on our website. Go to wwwbftf.org.uk for more.



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# Sports Club Going Strong

Thanks to everyone for continuing to make our new Sports Fun Club a success. It has been an absolute joy to see everyone each month, having fun, laughing a lot and perfecting their boccia and new age kurling skills.



We've two sessions left for this year:

Sunday November 9<sup>th</sup> and Sunday December 14<sup>th</sup>, both at 2-4pm at The Hub, Buckler's Park, Crowthorne. Please book with melissa@bftf.org.uk before attending.





Several of our young people represented the charity at Parallel Windsor, the inclusive sports festival. Kitty, Dan, Tia, Owen and Tom took part in the 1K race and got the medals and t-shirts to prove it! They also helped us to run the charity stall on the day. We'll be taking part again next year with an even bigger stall and presence so do speak to Melissa about signing up.

### Your opinions needed!

We will soon be moving Our House to a larger premises that currently has a 'blank canvas'. We will be offering all of our current rooms, such as the gaming room and sensory room, but we will also install a Plus-only area for the first time, due to the popularity of the group. Please write in to Jasper with your ideas for what you would like to see here. Maybe it's a DJ deck or a cooking station; an IT suite or a chill space? Whatever it is – let us know!

